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Volume 17, Issue 5

May 2024 Newsletter

Celebrating Mother's Day

Mother's Day is a holiday honoring motherhood that is observed in different forms throughout the world. The American incarnation of Mother's Day was created by Anna Jarvis in 1908 and became an official U.S. holiday in 1914.

By 1912 many states, towns and churches had adopted Mother's Day as an annual holiday, and Jarvis had estab-



lished the Mother's Day International Association to help promote her cause. Her persistence paid off in 1914 when President Woodrow Wilson signed a measure officially establishing the second Sunday in May as Mother's Day.

However, celebrations of mothers and motherhood can be traced back to the ancient Greeks and Romans, who held festivals in honor of the mother goddesses Rhea and Cybele, but the clearest modern precedent for Mother's Day is the early Christian festival known as "Mothering Sunday."

While versions of Mother's Day are celebrated worldwide, traditions vary depending on the country. In the United States, Mother's Day continues to be celebrated by presenting mothers and other women with gifts and flowers, and it has become one of the biggest holidays for consumer spending. Families also celebrate by giving mothers a day off from activities, like cooking a meal for mom or completing household chores that she would normally do on her own.

Green Living Tip

To reduce your use of wood-derived products, look for ways to cut back on your family's paper usage. Instead of paper napkins or paper towels, use cloth napkins and towels instead. Buy toilet paper that is made from the highest post-consumer waste content you can find. When printing, use recycled paper and use both sides of the paper. Reuse envelopes for scratch paper, and use a reusable message board for reminders, messages, and notes to family.



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Playing @ The Movies

IF - The Movie

IF is about a girl who discovers that she can see everyone's imaginary friends — and what she does with that superpower — as she embarks on a magical adventure to reconnect forgotten IFs with their kids.

Movie Stats

Rating: PG — Comedy / Family Release Date: May 17, 2024 Director: John Krasinski

Starring: Ryan Reynolds, Steve Carell, Louis Gossett Jr.



Your Monthly Internet Tidbit

"The Flower Expert is the one-stop online resource for all your floral and gardening needs!" Did you know that flowers have long had meanings attached to them? It was especially popular during Victorian times to use flowers to send a message to a loved one. You can recreate this time-honored tradition whenever you send someone flowers.

It is a great idea to have a guide on the meaning of flowers handy so that you can refer to it whenever you wish to send a special message through flowers. Use The Flower Expert next time you are putting together a bouquet for your loved one.

Check it out today at TheFlowerExpert.com

May is National Military Appreciation Month

Declared by Congress in 1999, May was selected National Military Appreciation Month as a month-long observance honoring the sacrifices of the United States Armed Forces. There are more military related observances during the month of May than any other month, making it a more than appropriate month to commemorate those who dedicate their lives to our safety.

During May, we recognize Loyalty Day, VE Day (the end of World War II in Europe on May 8, 1945), Armed Forces Day, Military Spouses Day, and Memorial Day. Therefore, it is the perfect month to honor those who are serving and those who have already served our great country of the United States.



For more information, visit NationalDayCalendar.com

